# **Informed Consent Information**

Orthodontics plays an important role in improving overall oral health and in achieving balance and harmony between the teeth and face for a beautiful, healthy smile. An attractive smile enhances one's self esteem, which may actually improve the quality of life itself. Properly aligned teeth are easier to brush and thereby may decrease the tendency to decay, or to develop disease of the gum and supporting bone.

Orthodontics strive to improve the bite by helping to direct the forces placed on the teeth, thus protecting them from trauma during ordinary everyday activities, such as chewing and grinding. Orthodontics distributes the chewing stress throughout the mouth to minimize stress on bones, roots, gum tissue and temporomandibular joints.

## Risks

All forms of medical and dental treatment, including orthodontics, have some risks and limitations. Fortunately, orthodontic complications are infrequent and, when they do occur, they are usually of minor consequence. Nevertheless, they should be considered. The following includes the risks and limitations associated with orthodontic treatment.

Poor Oral Hygiene Irritation/Injury **Excessive Treatment Time** Root Resorption Oral or Jaw Surgery Loss of Interdental Papilla Periodontal Disease/Thin Gums Relapse Abnormal Facial Growth Patterns Restorative Treatment TMJ Problems Nonvital or Dead Teeth Allergies to Materials/medicines Wisdom Teeth Congenitally Missing teeth Fracture of tooth enamel Abnormal Muscle Function

### **Possible Alternatives**

For the vast majority of patients, orthodontic treatment is an elective procedure. One possible alternative to orthodontic treatment is no treatment at all. You could choose to accept your present oral condition and decide to live without orthodontic correction or improvement. The specific alternative to the orthodontic treatment of any particular patient depends on the nature of the individual's teeth, supporting structures and appearance.

Alternatives could include:

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- Extraction versus treatment without extraction
- Orthognathic surgery versus treatment without orthognathic surgery
- Possible prosthetics solutions
- Possible compromised approaches

## AKNOWLEDGEMENT OF INFORMED CONSENT

I hereby acknowledge that the major treatment considerations and potential risks of orthodontic treatment have been presented to me. I have read and understand this form and also understand that there may be problems that occur less ĸе

Signature	Date	Witness	Date
CONSENT TO UNDER	GO ORTHODONTIC TE	REATMENT	
SONSENT TO UNDER	JO OKTHODOMIC II	CEATIVIENT_	
I hereby consent to Dr. P	eck providing orthodonti		
I hereby consent to Dr. F	eck providing orthodonti	ic treatment for  Name of Patien	t
I hereby consent to Dr. F	eck providing orthodonti		tDate

Witness

Date

Date